



Local Advice Hub @ Crieff Health Centre May 2025

Sessions are drop-in but if you prefer an appointment time, please phone the number detailed for the agency you wish to connect with
(In case of last minute changes it is beneficial to phone the agency first) or contact Shona 07896 280843 shona.fowler@nhs.scot



Thur 1 st	10am - 12noon Mindspace Info on supporting mental wellbeing. 01738 639657
Thur 8 th	1.30pm – 3.30pm CATH will support with form filling – PIP, Universal Credit etc 07955 333163 or 07739 858987
Fri 16 th	1pm – 3pm PKC Trading Standards, Scam Awareness Melanie will give advice and information on avoiding scams and dealing with cold callers. 07557 214420
Mon 19 th	10am – 12.30pm PKC Employment Support Team Job advice and help for those who have learning disability, acquired brain injury, mental health issues or autistic spectrum diagnosis, physical disability and sensory loss 07442 934454
Thur 22 nd	10am - 12noon Craig from the Heat Project will be here providing a free energy advice to households, helping them become more energy efficient and reducing energy bills 07868 864418