

The Blue Practice: Blue News

Autumn 2018

Welcome to Blue News.

Hope you enjoy this update from the practice.

Enjoy!



ACCESS TO THE CENTRE

We doubt it has escaped anyone's attention that access to the Health Centre is a little tricky just now. We realise that this will be frustrating not only for our patients but also for the residents of King Street. We are asking our neighbours to help us by ensuring that the car park is kept free during surgery hours to make sure that once you do get here, you are able to park!

Flu Clinics

are being held on

Saturday 20th October 9.00 – 12.00

and

Saturday 10th November 9.00 – 12.00

Please come along if you are over 65

or under 65 and in an 'at risk' group

NO NEED TO MAKE AN APPOINTMENT

If you do not wish to have the flu vaccination please let our reception staff know

About this years vaccine

This year when we give you your vaccination we'll be checking your birth date carefully.

Patient's who will be aged 75 years or older on the 31st March 2019 will receive a different vaccine which is more effective for the over 75 years old age group.

Pre School nasal Flu Clinics: 2-5s

In November we are running a series of clinics for the vaccination of pre-school children.

Please call reception to organise an appointment and we will offer you the first slot we have available.

On line Services – Please Register

The current online request system will be withdrawn at the end of November.

All patients' using this service is encouraged to register for the new system asap to avoid any interruption to their supplies.

Ask your GP, nurse or a receptionist for more information and to obtain a registration form. We will need to see a form of identification when you register.

You do need to be over 16, have a unique e-mail and mobile no. to use these services.

When prescribing your repeat medication get's tricky:

There are some medications that we need to manage carefully in order to protect our patients. In these cases our Pharmacist or GP has to review the patient's records and sometimes request additional tests to ensure it is safe to continue to prescribe and check the correct dosage that can be used. An example of this is Methotrexate which will always appear as needing reauthorized. If a This sort of medication needs re-authorisation it may not appear on the online system. If so, please enter a note of the medication require in the free text box.

Please bear with us if this situation applies to you as we need to ensure that these checks are made to protect your health.

Social Prescribing

During October we will be introducing a new service – social prescribing.

If your GP or nurse feels you may benefit from this they will offer to refer you to the service which will be available on a Thursday morning in the practice but also out with the practice at a place mutually agreed.

Marissa Carradice will be running the service and she will provide support to those suffering from mild stress, anxiety, depression, traumatic experience, bereavement, life-changing illness or isolation to access solutions available within their local community.

Welcome:

Dr Felicity Glasse Davies

As of the 8th October Dr Felicity Glasse Davies will join us on Mondays and Wednesdays in the practice.

We are very much looking forward to her arrival.

We are sure that many of our patient's will be missing **Jeanette's** cheery help on reception. However, we wish her well with her move south to be with her family. In her place, we are pleased to tell you that **Kirsty Macdonald** has joined our Admin Team. No doubt a number of you will already have met Kirsty over the last few weeks.